

	Autumn		Spring		Summer	
Year 1	Behaviour: Building Our Best Selves	Online Safety: Navigating Our Digital World	Anti-Bullying: Standing Up, Speaking Out	Conflict Resolution: Solving Problems Together	Safeguarding: Finding Safe People and Places	Transition: Ready for What's Next
	Through exploring rules, routines, kindness, and respectful behaviour, learners see how these choices create a safe, happy community where everyone can flourish.	Protecting personal information, recognising unsafe situations, balancing screen time, and showing kindness online are key skills pupils develop in this unit.	By learning what bullying is and is not, children gain the confidence to use school systems for help and to be inclusive, supportive friends.	This unit equips pupils to listen to others' feelings, follow fair steps to solve disagreements, and involve a peer mediator when needed.	Learners are guided to identify safe adults and spaces, understand personal boundaries, recognise neglect, and persist in asking for help until they are heard.	Reflecting on achievements, exploring new spaces and routines, meeting a new teacher, and practising coping strategies help prepare learners for the year ahead.
	Families and Relationships: Growing Together	Health and Wellbeing: Caring for Body and Mind	Safety and the Changing Body: Staying Safe Everywhere	Citizenship: Belonging and Making a Difference	Economic Wellbeing: Money Matters	
Exploring family life, healthy friendships, recognising emotions, and resolving difficulties helps children strengthen the bonds they share with others.	In this unit, pupils build self-awareness, celebrate strengths, practise healthy routines, and understand how hygiene, rest, and sun safety protect health.	Keeping safe with adults, responding in emergencies, handling substances carefully, and avoiding hazards at home form the core learning of this theme.	Children learn to care for animals, meet the needs of others, value similarities and differences, join groups, and appreciate how democracy works.	Discovering the role of money in daily life, ways to keep it safe, and the world of saving, spending, and jobs inspires financial awareness.		

	Autumn		Spring		Summer	
Year 2	Behaviour: Respect in Action	Online Safety: Protecting Our Digital Selves	Anti-Bullying: Choosing Kindness Every Time	Conflict Resolution: Calm and Fair Solutions	Safeguarding: Speaking Up and Staying Safe	Transition: Confident Steps into KS2
	Learners explore how rules, routines, respect for differences, and following positive role models build a safe and fair learning environment.	Pupils develop skills to safeguard personal information, create strong passwords, check facts, set privacy controls, and act responsibly online.	Through recognising different types of bullying, becoming upstanders, and reflecting on safe school systems, children learn to keep everyone safe and included.	This unit helps pupils practise staying calm, finding fair compromises, and working with mediators to agree on positive outcomes.	Learners identify trusted adults, respond to unsafe situations, set boundaries, handle unsafe friendships, and persist in seeking help until problems are resolved.	Learners prepare for new routines and spaces, meet their KS2 teacher, explore expectations, and practise strategies for organisation and resilience.
	Families and Relationships: Understanding and Supporting Each Other	Health and Wellbeing: Strength, Balance, and Healthy Choices	Safety and the Changing Body: Knowing and Respecting Boundaries	Citizenship: Caring for Our Community	Economic Wellbeing: Understanding Needs, Wants, and Work	
Children learn about diverse families, recognising emotions, dealing with unhappy friendships, practising good manners, and coping with change and loss.	In this unit, pupils explore a range of emotions, benefits of activity and relaxation, personal goal-setting, growth mindset strategies, healthy eating, and dental care.	Learners distinguish between secrets and surprises, understand privacy, protect personal boundaries, stay safe on roads, and handle medicines responsibly.	Children discover how to look after school and local environments, learn about community roles, value diversity, and take part in democratic decision-making.	Pupils investigate where money comes from, the difference between needs and wants, how banks work, and how skills link to future jobs.		

	Autumn		Spring		Summer	
Year 3/4A	Behaviour: Responsibility and Respect in Action	Online Safety: Navigating the Digital World Wisely	Anti-Bullying: Creating a Culture of Inclusion	Conflict Resolution: Listening, Compromising, Resolving	Safeguarding: Protecting Ourselves and Others	Transition: Preparing for New Challenges and Opportunities
	Learners build on their understanding of rules and routines, develop personal responsibility, respect their environment, and celebrate positive contributions to school life.	Pupils learn to manage privacy settings, spot fake news, ask permission before sharing, follow age restrictions, respond to harmful content, and resist online peer pressure.	Children explore the effects of bullying, practise self-help strategies and peer mediation, and promote respect and inclusion for all.	This unit focuses on listening to both sides, making compromises, and working with mediators to reach fair solutions.	Learners recognise unsafe situations, understand contextual risks, set boundaries, identify neglect and exploitation, and stay safe from radicalisation.	Learners reflect on achievements, explore new environments, meet teachers, and develop resilience, independence, and leadership for the next stage of learning.
	Families and Relationships: Communicating and Caring Well	Health and Wellbeing: Building Resilience and Healthy Habits	Safety and the Changing Body: Making Safe Choices in Changing Times	Citizenship: Contributing to Our Community and Beyond	Economic Wellbeing: Making Informed Money Decisions	
	Children consider healthy family relationships, the impact of their behaviour on others, respectful communication, manners, and valuing differences.	In this unit, pupils plan for balanced lifestyles, care for teeth, practise relaxation, identify strengths, break down problems, explore emotions, and understand mental health.	Learners explore the risks of smoking, practise first aid for asthma, make safe choices, respond to emergencies, and begin to understand puberty and road safety.	Children investigate recycling and reusing, local community groups, democracy, diversity, children's rights, and the role of charities.	Pupils examine ethical spending, budgeting, money's impact on emotions, career options, and the variety of jobs people may have over a lifetime.	

	Autumn		Spring		Summer	
Year 3/4B	Behaviour: Leading with Respect and Responsibility	Online Safety: Thinking Critically and Acting Safely Online	Anti-Bullying: Standing Up and Speaking Out	Conflict Resolution: Calming, Restoring, Resolving	Safeguarding: Staying Safe in Friendships and Communities	Transition: Moving Forward with Confidence
	Learners understand how rules, routines, and role modelling influence others, show respect for differences, and celebrate positive behaviour in all contexts.	Pupils develop skills to follow social media rules, judge online accuracy, recognise persuasion, understand bots, identify harmful contact, and resist peer influence.	Children explore how stereotypes lead to bullying, practise helping others through mediation, and review their role as upstanders against unkindness.	This unit supports managing strong emotions, using restorative conversations, and practising peer mediation to rebuild relationships.	Learners recognise unsafe friendships, respond to risks in the community, set group boundaries, understand exploitation, and resist extremist influence.	Learners reflect on strengths, explore new environments, meet teachers, and build resilience, independence, and leadership for the next stage of learning.
	Families and Relationships: Building Trust and Respect	Health and Wellbeing: Knowing Ourselves and Staying Healthy	Safety and the Changing Body: Responding Safely in Everyday Situations	Citizenship: Rights, Responsibilities, and Community Action	Economic Wellbeing: Choices, Careers, and Challenging Stereotypes	
Children learn about healthy families, resolving friendship conflict, communicating effectively, knowing who to trust, and respecting differences in others.	In this unit, pupils plan healthy lifestyles, practise relaxation, explore identity and strengths, build resilience, communicate feelings, and maintain diet and dental health.	Learners practise first aid for emergencies and bites or stings, make safe choices, recognise influences, and stay safe out and about.	Children investigate children's rights, responsibilities, recycling, local groups, charities, and the workings of local democracy and rules.	Pupils explore payment methods, budgeting, how money affects feelings, ethical spending, career options, and challenging workplace stereotypes.		

	Autumn		Spring		Summer	
Year 5	Behaviour: Leading with Integrity and Respect	Online Safety: Communicating Safely and Responsibly Online	Anti-Bullying: Promoting Respect and Safety for All	Conflict Resolution: Preventing, Negotiating, Mediating	Safeguarding: Recognising and Responding to Risks	Transition: Stepping into Year 6 with Confidence
	Learners deepen their understanding of rules and routines, take ownership of their behaviour, lead with respect, and model positive expectations for others.	Pupils explore safe online friendships, identify harmful contact, evaluate communication, manage permissions, respond to bullying, and protect their online reputation.	Children learn to recognise different forms of bullying, apply advanced self-help strategies, and contribute to a culture of respect, inclusion, and safety.	This unit builds skills in recognising conflict triggers, negotiating respectfully, and mediating to support others in resolving disagreements.	Learners develop awareness of grooming, exploitation, consent, harmful sexual behaviour, and radicalisation, and know how to respond safely.	Learners prepare for Year 6 by exploring new environments, meeting teachers, planning for leadership roles, and modelling resilience for younger peers.
	Families and Relationships: Valuing Ourselves and Others	Health and Wellbeing: Strengthening Mind, Body, and Goals	Safety and the Changing Body: Navigating Changes and Making Safe Decisions	Citizenship: Rights, Responsibilities, and Caring for Our World	Economic Wellbeing: Managing Money Wisely and Planning for the Future	
	Children explore building and maintaining positive relationships, managing friendship challenges, understanding marriage, practising self-respect, and addressing family difficulties.	In this unit, pupils focus on emotional wellbeing, resilience, lifestyle choices, risk management, goal setting, and mindfulness techniques.	Learners understand the physical and emotional changes in puberty, learn about menstruation, practise first aid, and make safe choices around substances.	Children investigate rights and responsibilities, value diversity, understand democracy, take environmental responsibility, and explore the role of charities and volunteering.	Pupils learn to prioritise needs, budget, understand borrowing and online money risks, challenge stereotypes, and link personal skills to career choices.	

	Autumn		Spring		Summer	
Year 6	Behaviour: Leading by Example with Respect and Maturity	Online Safety: Staying Safe, Secure, and Respectful Online	Anti-Bullying: Leading Change and Inspiring Kindness	Conflict Resolution: Guiding Fair and Respectful Solutions	Safeguarding: Applying Advanced Safety Awareness	Economic Wellbeing: Preparing for Financial Responsibility and Career Choices
	Learners take on greater responsibility as role models, demonstrate maturity, and show respect while preparing for a successful move to secondary school.	Pupils build advanced online safety skills, from protecting privacy and security to evaluating information critically and behaving respectfully in digital spaces.	Children strengthen their ability to challenge bullying, mentor younger pupils, and reflect on their leadership in promoting kindness and inclusion.	This unit equips learners to lead conflict resolution, manage complex disagreements, and apply these skills in new secondary school contexts.	Learners deepen their safeguarding knowledge, recognising grooming, exploitation, consent laws, FGM, harmful behaviour, and how to protect themselves in new environments.	Children explore respect in relationships, reciprocity, and managing change and loss with empathy and understanding.
	Families and Relationships: Respecting, Supporting, and Understanding Others	Health and Wellbeing: Strengthening Wellbeing and Healthy Lifestyles	Safety and the Changing Body: Understanding Changes and Responding Safely	Citizenship: Championing Rights, Diversity, and Democracy	Economic Wellbeing: Preparing for Financial Responsibility and Career Choices	Transition: Embracing Secondary School with Confidence
In this unit, pupils develop long-term goals, practise mindfulness, plan for healthy lifestyles, assess risks, strengthen resilience, and maintain good health habits.	Learners understand the physical, emotional, and biological aspects of puberty, conception, pregnancy, and birth, while practising first aid for emergencies.	Children learn about human rights, environmental responsibility, caring for others, challenging prejudice, valuing diversity, and understanding how national democracy works.	Pupils reflect on feelings about money, safeguarding it, secondary school responsibilities, gambling risks, and career pathways.	Learners examine personal identity, body image, and the influence of media manipulation.	Children prepare for secondary school by learning routines and layouts, meeting key staff, and developing resilience and coping strategies for new settings.	